# THE EXPANSIVE JOURNEY ADVANCING

TRAVELLING TOGETHER IN A SUPPORTED GROUP FROM 21 NOV 2021 TO 06 MARCH 2022.

10AM GMT EVERY 2 WEEKS ON A SUNDAY.

For those that have travelled through a journey experience - a space will be created for a small group of us where we can gather every 2 weeks in an safe and supported space to explore new themes with more depth, in discovery together. Connecting with deepest consciousness.

We will reflect in contemplation and journey together over a number of months building a sense of continuity, support and a liminal space for emergence.

**BONUS\*** - 1hr Deep Dive 1:1 session with me focusing on your journey via zoom. Can be scheduled any time during the Journey from 21 Nov - 06 March 2022.



## 8 SESSIONS WILL BE HELD IN THEMES

These may be adapted according to the needs of the group. New topics are welcomed from participants.

#### SESSION 1

A New Beginning. Autumn Kick off. 21st Nov 2021

#### SESSION 2

The Nature of Experiencing.

5th Dec 2021

#### SESSION 3

Deepening Compassion. 19th Dec 2021

#### SESSION 4

Alignment. New Year & Discovery. 9th Jan 2022

#### SESSION 5

Healing & Self Focus 23rd Jan 2022

#### SESSION 6

Nurturing & harmony. Yin. 6th Feb 2022

#### SESSION 7

Stability & Growth.

Yang.

20th Feb 2022

#### SESSION 8

Integration & Awareness.
6th March 2022

#### \*YOUR DEEP DIVE

1 hr Session focussing on you. Can be scheduled anytime during the journey timeframe.

### DETAILS

Here's what to expect when you choose to join.

WHO'S IT FOR

For those who have already been on a journey experience and wish to continue to deepen, learn and expand in new ways of experiencing and being.

INTERACTIVE GROUP SESSIONS

Exercises, group reflections, pairs work during the session, a little bit of homework perhaps.

METHOD
I will guide you through the weeks. Sessions will help you to open

up to insights and realisations.

Within the group we will tap into a collective consciousness and be supported as we journey together.

PRICE
GBP £495/ USD \$680

Bank Transfer: Sort code 600710, Account Number 42597242 Account

holder: Expansive Innovation

Paypal link for those not in the UK: paypal.me/ExpansiveInnovation

5 DURATION
Over the course of these weeks, we will meet every 2 weeks on a Sunday at 10am UK time.

ONLINE Zoom details to be sent closer to the time.
Time: Every 2 weeks, Sunday at 10am-11.30am GMT/ 5pm-6.30pm\*
Hong Kong/Macau Time- Please note time difference due to clocks changing.

A TRUE DISCOVERY INTO THE UNKNOWN

