

THE EXPANSIVE LEADER JOURNEY 2023- 2024 AN EXPERIENCE THAT SPANS 6 MONTHS

A DISCOVERY OF NEW WONDERS AS WE TRAVEL
TOGETHER FROM SUN 10TH DEC TO MAY 2024.

During this series of sessions a space will be created for a small group of us where we can gather on the Sun 10th Dec 2023 then twice a month from 21st Jan 2024 as we settle into the energy of the New Year before making plans for 2024. We shall explore channeled themes together for our individual awakening and discovery in a supportive group consciousness. The content of each session will be designed specifically for the group journey experience.

Connecting with your deepest consciousness in Love, Creativity and Freedom.
Developing a connection to what surrounds us in ENERGY.

We will reflect in CONTEMPLATION and journey together over a number of months building a sense of continuity, EMPOWERMENT and inner STRENGTH as we move into the New Year 2024.



www.expansiveinnovation.com

9 SESSIONS + 1 BONUS SESSION FOR SIGN
UPS BEFORE 10th DEC. THE EXPANSIVE
JOURNEY WILL BE HELD IN THEMES.

BONUS PRE-SESSION

Reflections on 2023 and your
journey so far this year.
Introduction into the program.

Sun 10th Dec

CLARITY

SESSION 1

Alignment. New Year
& Discovery.
Goal Setting for 2024.

Sun 21st Jan

SESSION 2

The Beginners Mind.
Mental Strength and
Resilience.

Sun 4th Feb

SESSION 3

Compassion – Heart Opening.
Healing. Developing
Connected Relationships.

Sun 18th Feb

EMPOWERMENT

SESSION 4

The Power of Creation.
Leading from a centered
place. Creativity. Choices.

Sun 3rd March

SESSION 5

Perception and Reality.
Navigating challenge.
Sense Awareness.

Sun 17th March

SESSION 6

Our Emotional Resilience.
The Stillness within Chaos &
Uncertainty.

Sun 7th April

FLOW & ABUNDANCE

SESSION 7

Balance in Being and Doing.
Harmony in Work and Life.

Sun 21st April

SESSION 8

Awakening the Self in
Leadership.

Sun 12th May

SESSION 9

Celebrating our Uniqueness,
Beauty and Wholeness.

Sun 26th May

Sessions may be adapted according to the needs of the group.
Which ones are you drawn to?

TRANSFORMATION

THE EXPANSIVE LEADER JOURNEY IS FOR YOU IF:

- You are a Business Leader, Change Maker, Creator, Artist, Entrepreneur or Innovator who wants to expand into new ways of being as a Leader & opening up to your innate “Superpowers”.
- You want to have more moments of peace, calm and wholeness in your everyday life.
- You would like to challenge your perception of who you are now into what is possible for you.

THE REAL RESULTS THAT MAGICALLY HAPPEN WHEN PEOPLE IMMERSE THEMSELVES IN A PROGRAM:

- **Gaining more Confidence** - Tapping into the energy of your Self Worth, speaking what feels true for you with confidence at home and in work. As you become present your sense of Presence enhances and people listen to what you've got to say. Great for presenting yourself to others.
- **Emotional Resilience** - Develop a deeper connection with yourself and welcome vulnerability so that you can weather the emotional storms with grace.
- **Mental Resilience** - Deepen your grounding open up to becoming more present and less distracted by all the chaos around us.
- **Focus and Productivity**- You will gain the clarity of mind to enable you to think clearer and make better decisions as a leader.
- **Clear ideas and insights** - You will have insights that resonate at a soul-deep level and will guide you towards becoming your authentic self, essential for a transformational leader.
- **New Leaders** - We will explore what leadership is for you in 2023 and beyond. You will begin to experience new moments of awareness which tangibly impact your life in a truly extraordinary way!
- **Community Support** - Being in a connected and supportive community of lovely people! You don't have to do this alone.

Client Testimonial:

I have attended the 1:1 Coaching, Intensive Retreat and Workshops with Jayanie. It was a transformational journey. I used to pack every day with lots of tasks - at work and in life. DOING and accomplishing did keep me busy, but doesn't bring me meaning. After working with Jayanie, my world view is different, transformed. I realised I am NOT my past and I am NOT my thoughts. I no longer allow my thoughts and other people's opinion to define who I am! Jayanie walked with me through the journey with guidance, support and wisdom.

DETAILS

Here's what to expect when you choose to join.

1

WHO IT'S FOR

This is for you if who want to ignite your creativity and expand into new ways of being as a leader, creator and entrepreneur.

2

INTERACTIVE GROUP SESSIONS SPANNING 6 MONTHS

Exercises, group reflections, pairs work during the session, a little bit of homework perhaps.

3

METHOD

I will guide you through the 6 months. Sessions will help you to open up to Insights and Realisations. Within the Group we will tap into a collective consciousness and feel supported as we journey together.

4

INVESTMENT

£1500 for 10 Live Sessions including your BONUS Group Session if you join me before the 10th December. Please note if you join us before 21st January you can still have the BONUS Session recording so you won't miss out. Please let me know if you have any difficulties with payment and we can find a way, payment plans are available.

WHAT'S NEXT: Book in a 15min call with me, we can speak about your space on the program and any questions you have. And if you are ready to sign up already pop my an email or whatsapp me.

EMAIL ME: jyanie@expansiveinnovation.com

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DURATION

Starting from 21st Jan to May 2024. We will meet twice a month. The Program spans 6 months.

6

LOCATION

ONLINE Zoom details to be sent closer to the time.
Time: 10am-11.30am GMT/BST - for those who are not in the UK, we will stick to 10am UK time so please do adjust your clocks for Sessions after 31st March.

A TRUE DISCOVERY INTO:
CLARITY
EMPOWERMENT
FLOW & ABUNDANCE.

CONNECT WITH ME FOR A DISCOVERY CALL
IF YOU WOULD LIKE TO GO ON THE
JOURNEY:

jayanie@expansiveinnovation.com

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