

THE EXPANSIVE LEADER JOURNEY

A DISCOVERY OF NEW WONDERS AS WE TRAVEL
TOGETHER IN A SUPPORTED GROUP OVER 5
MONTHS.

STARTING SUN 3RD DEC 2023.

During this series of sessions a space will be created for a small group of us where we can gather on the Sun 3rd Dec and Sun 10th Dec 2023 then every 2 weeks from 14th Jan 2024 to explore themes together for our individual awakening and discovery in a supported environment.

Connecting with your deepest consciousness in Love, Creativity and Freedom.
Developing a connection to what surrounds us in ENERGY.

We will reflect in CONTEMPLATION and journey together over a number of months building a sense of continuity and inner STRENGTH as we move into the New Year 2024.



9 SESSIONS WILL BE HELD IN THEMES

These may be adapted according to the needs of the group.

Which ones are you drawn to?

SESSION 1

The Beginners Mind – Surfing
the nature of Mind.
Kick off.
Sun 3rd Dec

SESSION 2

The Nature of
Experiencing. Acceptance &
Grace. The Way it is.
Sun 10th Dec

SESSION 3

Alignment. New Year
& Discovery.
Goal Setting.
Sun 14th Jan

SESSION 4

Compassion & Love – Heart
Opening & Clearing. Healing.
Sun 28th Jan

SESSION 5

The Power of Creation.
Creativity & our Choices.
Sun 11th Feb

SESSION 6

Perception and Reality -
Navigating challenge.
Sun 25th Feb

SESSION 7

The Stillness within Chaos &
Uncertainty.
Sun 10th Mar

SESSION 8

Balance in Being and Doing.
Yin and Yang Harmonies.
Sun 24th Mar

SESSION 9

Awakening the Self in
Leadership.
Sun 7th Apr

SESSION 10

Celebration – Our
Uniqueness.
Sun 21st Apr

DETAILS

Here's what to expect when you choose to join.

1

WHO'S IT FOR

This is for you if who want to deepen into ignite your creativity and expand into new ways of being.

2

INTERACTIVE GROUP SESSIONS OVER 15 WEEKS

Exercises, group reflections, pairs work during the session, a little bit of homework perhaps...

3

METHOD

I will guide you through the 5 months. Sessions will help you to open up to Insights and Realisations. Within the Group we will tap into a collective consciousness and feel supported as we journey together.

4

PRICE

£1450. Please let me know if you have any difficulties with payment and we can find a way, payment plans are available :).

5

DURATION

Between 14th Dec 2023 to end of April 2024. We will meet every 2 weeks on a Sunday.

6

LOCATION

ONLINE Zoom details to be sent closer to the time.
Time: 10am-11.30am GMT.

A TRUE DISCOVERY INTO THE UNKNOWN

CONNECT WITH ME HERE IF YOU'D LIKE TO GO ON THE
JOURNEY:

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